

Day 1: Saturday - 25 March 2023

Session 1:			Session 2:		
08:10	08:25	City Of Stoke SC (COSACSS) Swimmers	12:55	13:10	City Of Stoke SC (COSACSS) Swimmers
08:25	08:40	GIRLS 9, 10, 11, 12 & 14	13:10	13:25	BOYS 9, 10, 11, 12 , 13 & 14
08:40	08:55	GIRLS 13, 15 & 16+ (Lanes 1 - 4) BOYS 9, 10 & 11 (Lanes 5 & 6)	13:25	13:40	BOYS 15 & 16+ (Lanes 1&2) GIRLS 9, 10, 11 & 12 (Lanes 3 - 6)
08:55	09:10	BOYS 12, 13, 14, 15 & 16+	13:40	13:55	GIRLS 13, 14, 15 & 16+

Day 2: Sunday - 26 March 2023

Session 3:			Session 4:		
08:10	08:25	City Of Stoke SC (COSACSS) Swimmers	12:55	13:10	City Of Stoke SC (COSACSS) Swimmers
08:25	08:40	GIRLS 9, 10, 11 & 13	13:10	13:25	BOYS 9, 10, 11, 12, 13, 14 & 16+
08:40	08:55	GIRLS 12, 14, 15 & 16+	13:25	13:40	BOYS 15 (Lane 1 & 2) GIRLS 9, 10 & 12 (Lanes 3-6)
08:55	09:10	BOYS 9, 10, 11, 12, 13, 14, 15 & 16+	13:40	13:55	GIRLS 11, 13, 14, 15 & 16+

NOTE: Please be aware the changing villiage will be open to COSACSS swimmers at 8am and all others at 8:10am Thank you